



seeing it from above  
(1 day – may 2008)  
by Quentin allen

After recovering at Mukupa School for one night, we set off to climb Sancha Rock (13 47.794S 030 13.074E). It was a pleasant walk, crossing the Lelya and Mulangoshi Rivers. We found a campsite with a lovely view of the rock. Set off early the following day with breakfast in a rucksack. We reached the base of the hill and started heading up with James in the lead. The hill got steeper and steeper. We were clinging on to tussocks of grass. It was not pleasant. I dared not look down. Matthew was ahead of me. Suddenly he froze on a near-vertical bit of cliff in a sort of chimney. I realised Matthew was terrified – and fear tends to be catching. I made a decision. I went down and sat down to sketch, while Matthew gathered the courage to come down as well. We were only about 10 metres (33 feet) from the top. The views were wonderful. Next time we will bring ropes!



From top to bottom: Sancha Rock from Mukupa School; and the view from its top - minus 10 metres.

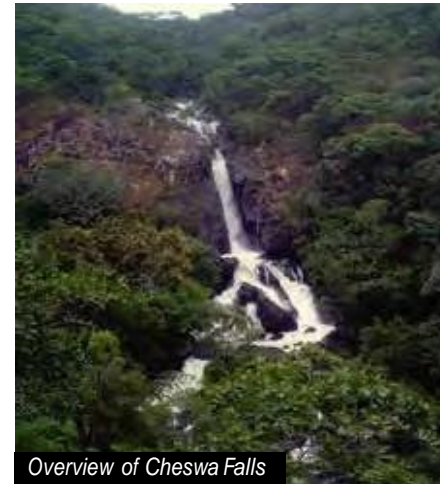
## DIRECTIONS

### CHESWA FALLS

Mutinondo River

GPS: 12 24.102S 31 27.874E

Directions: Just upstream of Mutinondo River Falls (see page 146) on upper Muchinga Map.



Overview of Cheswa Falls



... and up close

### NCHIMA RIVER FALLS

Nchima River

GPS:	Top fall	12 21.190S	31 27.150E
	Middle fall (campsite)	12 21.247S	31 27.265E
	Lower fall	12 22.202S	31 27.544E

Directions: On upper Muchinga Map.



Lower fall



Middle fall



*Nchima Falls: Tail of white in a forest gorge*

**MuNAMA RIVER FALLS**

Munama River

GPS:	Lower fall	12 15.427S	31 34.042E
	Campsite fall	12 15.449S	31 34.128E
	Middle fall	12 15.292S	31 33.339E
	upper fall (stunning)	12 15.290S	31 33.375E

Directions: On upper Muchinga Map.



*Upper fall*



*View from the top*



*Middle fall*



*Slide and side falls (by campsite)*

**uNDERBRIDGE FALLS**

underbridge II River

GPS:	upper fall	12 19.547S	31 31.156E
	Main fall	12 20.011S	31 31.215E

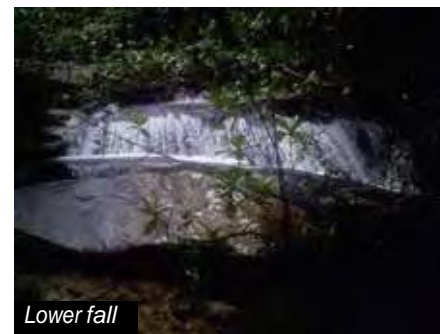
Directions: On upper Muchinga Map.



*Upper fall*



*Main fall*



*Lower fall*